



THRIVE...

The Newsletter of LAUTECH EEE CLASS '05 Alumni Association (Issue 1, Volume 1, October 1, 2024)

Dear Colleagues,

It is with great pleasure that I introduce the inaugural issue of "Thrive" as a publication of our association's activities under the newly elected Executive Administration with commitment to provide a platform for connection, growth, and exploration for all of us. As the Editor-in-Chief, I am honoured to bring you this premier edition, marking the beginning of an exciting journey together especially on a special day of the 64th Independence Day celebration of our dear nation. It's our prayers that Nigeria will soar higher amongst the comity of nations in the world and we shall henceforth witness greater transformational developments even in our lifetime.

Our mission is to provide you with up-to-date, accurate, and engaging content curated by our team in the Mobilization and Publicity Committee as well as welcoming contributions from expert writers and content creators amidst us. In this maiden edition, we have only set the tone for what's to come which shall include rich collection of articles, features, and interviews that showcase our commitment to culture, excellence and members' welfare.

As we embark on this journey, we are dedicated to:

- Delivering high-quality content that informs and inspires
- Showcasing diverse perspectives and expertise
- Fostering a community of engaged and informed participants

In this maiden edition, we present the newly elected Executive Committee members of the association, the chairman's inaugural speech and the recently inaugurated committees for the Administration spanning from 1st of August 2024 till 31st of July

2026. Also, in this edition we shall be celebrating our birthday celebrants in the 4th quarter of the year 2024. We wish them a beautiful celebration and more glorious years with strength and prosperity. The Executive Committee was invited to join Ibadan Zonal members in celebrating the 80th birthday of Oba James Adeleye Oyelowo Olalere II, the father of Prince Babatunde Oyelowo (TUDOR) on September 14, 2024. It was remarkable to celebrate the Royal Father at an Octogenarian age which we coveted for every member of the Association to attain and surpass.

We are confident that you will find something that resonates with you in this publication, and we look forward to your feedback. If you have any specific questions, topics, or areas of interest you'd like subsequent editions to cover, please feel free to reach out to us. This association belongs to all of us and we'll always like to connect together so that we can capture your celebrations in our newsletters. We are grateful for your contributions in the form of annual subscriptions, donations and pledges which are essential to sustain our entity. Our bank accounts in local and foreign currencies are detailed in this newsletter.

Thank you for joining us on this exciting journey. We are thrilled to have you build this association into a community with the sole aim of thriving in unity together.

Best regards,
Engr. Adetiran Adesoji
PRO/Editor-in-Chief
Chairman, Mobilization and Publicity Committee

Membership Google Form
[Click Here](#)



THE ASSOCIATION CHAIRMAN'S INAUGURAL SPEECH

As we begin again after a smooth and successful transition from an administration that laid a strong foundation with landmark achievements, we are evolving I must say. In almost two decades of leaving our great alma mater, we are still as united as ever before to get us to where we are and even further. This goes to show the inherent power of unity in our class. The memory of how we collectively stood against injustice and ill treatment by our tutors during our undergraduate days remains fresh with me till date. I see tenacity, courage, boldness, unity of purpose and focus in each and every one of us. Hence, permit me to unveil and introduce our association Motto going forward to be "Thriving in Unity" as this simply captures our existence together. Having transitioned to professionals, movers and shakers in our respective fields as well as home fronts, we can attain greater feats individually and collectively.

This mandate I have been given is precious and I perfectly understand the enormous responsibilities attached to it. My Team and I will ensure that the trust reposed in us will not be taken for granted and we promise to give our best to make you all proud of us. Our administration will run open door policy which will make every member of the class more important with shared ownership right. Please feel free to approach us with useful information, regular updates or constructive criticism for the advancement of the association anytime. I have been inundated with loads of encomiums from association members already drumming supports for our administration adjudged to comprise men and women of eminent pedigrees. This was evident in the overwhelming show of love during the electoral process when almost all the executive office holders including myself got elected unopposed except for only two offices that had to be contested for. With this, we feel loved and my heart reminds me that to whom much is given, much is expected.

We will be requiring your skills, expertise and professional touch on any discuss or matters as we unfold our plans for the tenure. Let's get set and roll up our sleeves as we do this together. Remember, in a TEAM, Together Everyone Achieves More. For the first time of our association's lifetime, all candidates vying for the executive positions were made to compulsorily share their plans in the form

of manifestoes so that members could have an idea of what their would-be leaders are made of. With this, the Electoral Committee chaired by Engr. Taofeek Mustapha delivered excellently well to make sure quality leaders emerged at the end of the electoral process even though we had to postpone the first election and unanimously elongate the tenure of previous administration to have what we now have. This wouldn't have been made possible if the outgone administration did not give a level playing ground for all players to get involved. I specifically appreciate that administration which I also belonged and ably led by Comrade Engr. Omorinde Tosin Ayorinde. He had attempted to achieve what we are seeing now when he single-handedly created a WhatsApp group on 27th of July 2015 and invited every one of us as members. His goal for unification of the class since we left school in 2005 is getting better by the day.

This administration will be building on the success of the previous one. Part of our duty as an association is to give back to our alma mater which the last administration started. Our Class already established annual cash prize awards to the best male and female graduating students of the Department of Electronic and Electrical Engineering to be presented during annual convocation of Ladoke Akintola University of Technology, Ogbomosho. As shared with us in my manifesto, this administration will be re-awakening our business acumen by exploring profit-making ventures that we can embark on together as a group for our collective benefits. We shall also be having a great time together to celebrate the 20th year anniversary of our graduation in a year's time. So, we'll need to set up the Reunion Committee as soon as possible to plan adequately for this joyous occasion. It's my sincere prayer that we shall all be alive to witness this and more years to celebrate together by His Mercies, Amen. Please let's work together for the common interest of every member of the association and be on the lookout as we shall be setting up respective committees in the next few days to actualize our agendas. Thanks and God bless.

LAUTECH EEE CLASS '05 ...Thriving in Unity!!!
Dr. Rabiuh, E. Oluwatosin
The Executive Chairman
August 1, 2024



LAUTECH EEE CLASS '05 EXECUTIVE MEMBERS 2024 - 2026



Dr. Rabiú E. Oluwatosin
Executive Chairman



Engr. Odewole Adewumi
Vice Chairman



Engr. Olayiwola Olaniyi
General Secretary



Engr. Oyeniyi Oluwaseun
Financial Secretary



Engr. Adetiran Adesoji
Public Relation Officer



Engr. Alade Temitope
Treasurer



Engr. Adeyemo Victor
Ogboṃoso Zonal Coordinator



Engr. Gazali Abolade
Abuja Zonal Coordinator



Engr. Adeyemo Olusegun
Ibadan Zonal Coordinator



Engr. Ojenike Abimbola
Lagos Zonal Coordinator



Engr. Agbonyin Anthony
Osogbo Zonal Coordinator



Engr. Robert Omotooke
Port-Harcourt Zonal Coordinator



Engr. Oladapo Kola
Diaspora Zonal Coordinator

Membership Composition

SN	Name	Role
1	Niyi Adenika	Chairman
2	Tunde Oyelowo	Secretary
3	Segun Adeyemo	Executive Representative
4	Seun Oyeniya	Member
5	Tope Alade	Member
6	Adewumi Odewale	Member
7	Opeyemi Onarinde	Member
8	Semiat Adewunmi	Member
9	Niyi Adefioye	Member
10	Niyi Olayiwola	Member
11	Goddy Ododo	Member
12	Thomas Akinlabi	Member

TERMS OF REFERENCE FOR THE REUNION COMMITTEE SET UP BY LAUTECH EEE CLASS '05 EXECUTIVE COMMITTEE (2024-2026)

PURPOSE

The Reunion Committee is established to plan, organize, and execute the reunion events for the EEE Class '05 Alumni Association. The committee is responsible for creating memorable and engaging experiences that foster camaraderie, networking, and the celebration of shared memories among alumni.

OBJECTIVES

- To organize successful reunion events that bring together members of the alumni association.
- To foster a sense of community and belonging among alumni through well-planned and executed reunion activities.
- To provide opportunities for alumni to reconnect, network, and build professional and personal relationships.
- To celebrate the achievements and milestones of the alumni and the association as a whole.
- To explore opportunities to raise funds for the association through reunion activities.

MEETINGS

1. The Committee shall meet at least quarterly, or more frequently as needed.
2. A quorum for meetings shall be a majority of the committee members.
3. Minutes of all meetings shall be recorded and submitted to the Executive through the Executive representative.

AUTHORITY

The committee has the authority to:

- Access all necessary resources and information to fulfill its duties.
- Engage external partners or sponsors to support reunion events and all funds must be raised through the association account.
- Keep track record of funds raised for the purpose of the reunion

ACCOUNTABILITY

The Committee shall report directly to the Executive and is accountable for the successful planning and implementation of reunion activities.

REVIEW OF TERMS OF REFERENCE

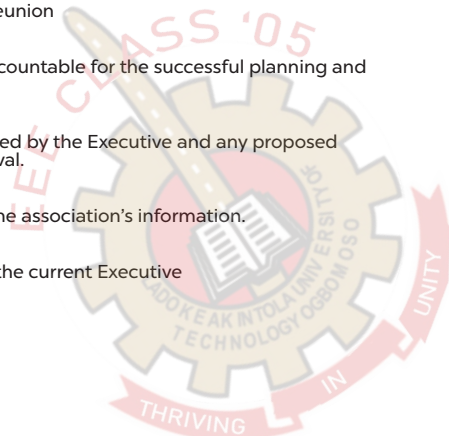
The Terms of Reference shall be reasonably reviewed as required by the Executive and any proposed changes shall be discussed with the Committee before approval.

CONFIDENTIALITY

All committee members shall maintain the confidentiality of the association's information.

DISSOLUTION

The Committee shall continue to exist until the dissolution of the current Executive



Membership Composition

SN	Name	Role
1	Oyeniyi Oluwaseun	Chairman
2	Ayobami Adegoke	Secretary
3	Tope Alade	Executive Representative
4	HRH Oba Kazeem Adegboye	Member
5	Kayode Adejumo	Member
6	Rebecca Omowaiye	Member
7	Tosin Aina	Member
8	Dolapo Adejumo	Member
9	Oluwagbemio Ojo	Member
10	Dunni Bolade	Member

TERMS OF REFERENCE FOR THE FINANCE COMMITTEE SET UP BY LAUTECH EEE CLASS '05 EXECUTIVE COMMITTEE (2024-2026)

PURPOSE

The Finance Committee is established to oversee the financial management of the EEE Class '05, ensuring financial stability, transparency, and accountability in the association's financial activities. The committee will provide strategic financial advice to the Executive and ensure that the financial resources are effectively managed to meet the goals and objectives of the association.

OBJECTIVES

- To oversee the preparation of the annual budget and ensure alignment with the association's strategic plan.
- To monitor and evaluate the financial performance and health of the association through annual dues management.
- To raise funds for projects with the support of the Executive.
- To review and approve financial statements, ensuring they are accurate and comply with applicable accounting standards.
- To manage the association's assets and investments prudently.
- To ensure compliance with all constitutional and legal requirements in financial management

RESPONSIBILITIES

- Budgeting:** Prepare the annual budget in consultation with the Executive Committee and present it for approval. Monitor actual income and expenditures against the budget.
- Financial Reporting:** Ensure accurate and timely preparation of financial statements, and present these to the Executive Committee and members at the Annual General Meeting (AGM).
- Fundraising:** Provide oversight on fundraising activities including Annual dues, ensuring that all financial contributions are properly accounted for and utilized as intended.
- Risk Management:** Identify and assess financial risks facing the association and recommend mitigation strategies.
- Financial Policy:** Develop, review, and update the financial policies and procedures to ensure good governance and compliance with best practices.

MEETINGS

- The Finance Committee shall meet at least quarterly, or more frequently as needed.
- A quorum for meetings shall be a majority of the committee members.
- Minutes of all meetings shall be recorded and submitted to the Executive.

REPORTING

The Finance Committee shall report to the Executive after each meeting through the Executive Representative.

An annual report shall be prepared and presented by the Chairman/Head of Committee (HOC) at the AGM, detailing the financial performance and health of the association.

AUTHORITY

The Finance Committee is authorized to seek any information it requires from the Executive and members handling finances of the Association in any capacity, and to reference the constitution, or obtain outside legal/other professional advice as needed to fulfill its responsibilities.

REVIEW OF TERMS OF REFERENCE

The Terms of Reference shall be reasonably reviewed as required by the Executive and any proposed changes shall be discussed with the Committee before approval.

CONFIDENTIALITY

All committee members shall maintain the confidentiality of the association's financial information.

DISSOLUTION

The Finance Committee shall continue to exist until the dissolution of the current Executive Committee.

Membership Composition

SN	Name	Role
1	Tosin Jolaoye	Chairman
2	Busola Nuga	Secretary
3	Bode Olayinka	Member
4	Adekunle Ajayi	Member
5	Afeez Taiwo	Member
6	Segun Irewusi	Member
7	Femi Jemiriye	Member
8	Saheed Bamigbade	Member

TERMS OF REFERENCE FOR THE ETHICS AND AUDITS COMMITTEE SET UP BY LAUTECH EEE CLASS '05 EXECUTIVE COMMITTEE (2024-2026)

PURPOSE

The Ethics and Audits Committee is established to ensure that the EEE Class '05 Alumni Association operates in a manner that upholds the highest ethical standards, complies with all aspects of the Association's legal and constitutional requirements. The committee is also responsible for overseeing the integrity of financial reporting, conducting regular audits, and ensuring accountability within the association.

OBJECTIVES

- To promote and enforce ethical conduct among all members, officers, and stakeholders of the association.
- To ensure that all activities, decisions, and transactions of the association comply with relevant laws, and constitutional requirements.
- To oversee the financial management of the association, ensuring transparency, accuracy, and accountability in all financial matters.
- To conduct regular internal audits, ensuring the accuracy and integrity of financial reports and records.
- To identify potential risks to the association and recommend appropriate measures to mitigate these risks
- To intervene in conflicts among members when necessary and resolve amicably without bias.

RESPONSIBILITIES

- Ethical Standards: Develop and recommend ethical guidelines and codes of conduct for the association.
- Auditing: Plan, conduct, and oversee internal audits and ensure the timely completion of external audits.
- Compliance: Establish a framework for compliance evaluation of the Association's constitution.
- Reporting: Prepare and submit reports to the Executive on the committee's activities, findings, and recommendations. Also, a detailed annual report shall be presented at the association's annual general meeting (AGM) by the Chairman/Head of Committee (HOC).
- Investigations: Lead investigations into reports of unethical conduct or financial irregularities and recommend appropriate actions.

MEETINGS

1. The Committee shall meet at least quarterly, or more frequently as needed.
2. A quorum for meetings shall be a majority of the committee members.
3. Minutes of all meetings shall be recorded and submitted to the Executive through the General Secretary.

AUTHORITY

The committee has the authority to:

- Access all records, documents, and reports necessary to fulfill its duties.
- Engage external auditors or consultants as required, within the approved budget.
- Make recommendations to the Executive regarding corrective actions or policy changes.

ACCOUNTABILITY

The Ethics and Audits Committee shall report directly to the Executive and is accountable for ensuring the ethical integrity and financial transparency of the association.

REVIEW OF TERMS OF REFERENCE

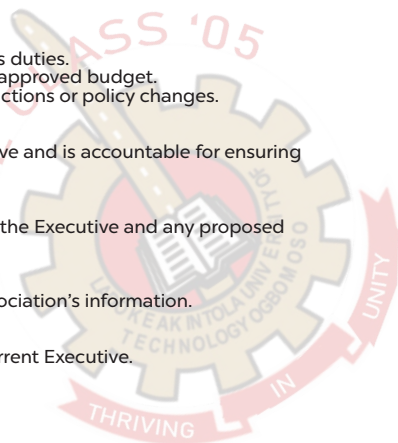
The Terms of Reference shall be reasonably reviewed as required by the Executive and any proposed changes shall be discussed with the Committee before approval.

CONFIDENTIALITY

All committee members shall maintain the confidentiality of the association's information.

DISSOLUTION

The Committee shall continue to exist until the dissolution of the current Executive.



Membership Composition

SN	Name	Role
1	Taofeek Mustapha	Chairman
2	Alaba Azeez	Secretary
3	Niyi Olayiwola	Exco Rep
4	Adekunle Ajayi	Member
5	Kola Oladapo	Member
6	Tosin Omorinde	Member
7	Rebecca Omowaiye	Member
8	Tokunbo Alaran	Member
9	Segun Adeyemo	Member

TERMS OF REFERENCE FOR THE CONSTITUTION REVIEW COMMITTEE SET UP BY LAUTECH EEE CLASS '05 EXECUTIVE COMMITTEE (2024-2026)

PURPOSE

The Constitution Review Committee is established to evaluate and recommend amendments to the EEE Class '05 Alumni Association's Constitution to ensure it remains relevant, up-to-date, and reflective of the association's current needs and objectives. The committee is responsible for ensuring that the constitution aligns with best practices and complies with any applicable legal and regulatory requirements.

OBJECTIVES

1. To review the current constitution in its entirety and identify areas that require amendments or updates.
2. To consult with members, stakeholders, and legal experts to gather input on potential changes.
3. To draft proposed amendments and present them to the Executive and general membership for approval.
4. To ensure that any proposed changes align with the association's mission, vision, and values.
5. To maintain a record of all amendments and ensure proper documentation and dissemination of the updated constitution.

RESPONSIBILITIES

1. Review and Analysis: Conduct a thorough review of the current constitution and analyze any gaps, ambiguities, or outdated provisions.
2. Stakeholder Consultation: Engage with members, legal experts, and other stakeholders to gather feedback and suggestions for amendments.
3. Drafting Amendments: Prepare draft amendments based on the review and consultations, ensuring clarity, consistency, and legal compliance.
4. Reporting: Provide regular updates to the Executive on the progress of the review and proposed amendments through the Executive Representative.
5. Approval Process: Present the final draft of proposed amendments to the Executive and subsequently to the general membership for approval, in accordance with the association's procedures.
6. Documentation: Ensure that all approved amendments are properly documented and that the updated constitution is distributed to all members.

MEETINGS

- The Constitution Review Committee shall meet as needed to fulfill its responsibilities, with a minimum of one meeting per quarter.
- A quorum for meetings shall be a majority of the committee members.
- Minutes of all meetings shall be recorded and submitted to the Executive through their representative.

REPORTING

- The Constitution Review Committee shall report to the Executive after each meeting, detailing progress and any issues encountered.
- A final report, including the proposed amendments, shall be presented at the General Meeting

AUTHORITY

The Constitution Review Committee is authorized to seek any information it requires from members, legal counsel, and other relevant sources, and to obtain professional advice as necessary to carry out its duties.

REVIEW OF TERMS OF REFERENCE

The Terms of Reference shall be reasonably reviewed as required by the Executive and any proposed changes shall be discussed with the Constitution Review Committee before approval.

CONFIDENTIALITY

All committee members shall maintain the confidentiality of discussions, draft amendments, and other sensitive information until the final amendments are approved and publicly shared.

DISSOLUTION

The Constitution Review Committee shall be dissolved upon the completion of its mandate, which is the successful review and amendment of the constitution, unless the Executive Committee determines that further work is required.

Membership Composition

SN	Name	Role
1	Adewumi Odewale	Chairman
2	Wunmi Abolusoro	Secretary
3	Soji Adetiran	Executive Representative
4	Alaba Azeez	Member
5	Saheed Bamigbade	Member
6	Bisi Olajuwon	Member
7	Philip Alabi	Member
8	Rasheed Alaka	Member
9	Zonal Coordinators	Member

TERMS OF REFERENCE FOR THE WELFARE COMMITTEE SET UP BY LAUTECH EEE CLASS '05 EXECUTIVE COMMITTEE (2024-2026)

PURPOSE

The Welfare Committee is established to promote the well-being of all members of the EEE Class '05 Alumni Association. The committee is responsible for initiating, organizing, and overseeing programs and activities that support the personal and professional growth, health, and social welfare of the Association.

OBJECTIVES

- To provide assistance and support to members in times of need, such as during illness, bereavement, or other personal challenges.
- To foster strong relationships among alumni through social events, networking opportunities, and engagement initiatives.
- To support the professional development of members through workshops, mentorship programs, and career services.
- To promote the physical and mental well-being of members by organizing health-related activities, such as fitness programs, wellness workshops, and health screenings.
- To encourage members to contribute to the broader community through volunteer opportunities and charitable initiatives.
- To felicitate with members on special occasion like birthdays and career growth

MEETINGS

1. The Committee shall meet at least quarterly, or more frequently as needed.
2. A quorum for meetings shall be a majority of the committee members.
3. Minutes of all meetings shall be recorded and submitted to the Executive through the Executive representative.

REPORTING

The Welfare Committee shall report to the Executive after each meeting through the Executive Representative.

An annual report shall be prepared and presented by the Chairman/Head of Committee (HOC) at the AGM, detailing the welfare status of the association.

AUTHORITY

The committee has the authority to:

- Access all necessary resources and information to fulfill its duties.
- Engage external partners, sponsors, or consultants to support welfare initiatives and possible Group Health Insurance Scheme.
- Make recommendations to the Executive regarding new welfare programs or changes to existing ones.

ACCOUNTABILITY

The Welfare Committee shall report directly to the Executive and is accountable for the successful implementation of programs and initiatives that enhance the well-being of the association's members.

REVIEW OF TERMS OF REFERENCE

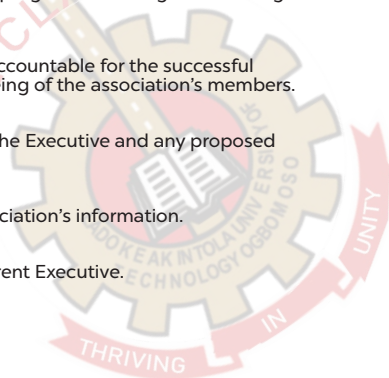
The Terms of Reference shall be reasonably reviewed as required by the Executive and any proposed changes shall be discussed with the Committee before approval.

CONFIDENTIALITY

All committee members shall maintain the confidentiality of the association's information.

DISSOLUTION

The Committee shall continue to exist until the dissolution of the current Executive.



Membership Composition

SN	Name	Role
1	Tokunbo Alaran	Chairman
2	Alabi Ramon	Secretary
3	Seun Oyeniyi	Exco Rep
4	Ayobami Adegoke	Member
5	Emmanuel Aderibigbe	Member
6	Opeyemi Onarinde	Member
7	Seyi Odetayo	Member
8	Tope Alade	Member
9	Wunmi Abolusoro	Member
10	Wale Owoeeye	Member
11	Bisi Olajuwon	Member
12	Femi Dakobiri	Member
13	Adesola-Zion Oluwaseun	Member

TERMS OF REFERENCE FOR THE BUSINESS STRATEGY AND DEVELOPMENT COMMITTEE SET UP BY LAUTECH EEE CLASS '05 EXECUTIVE COMMITTEE (2024-2026)

PURPOSE

The Business Strategy and Development Committee is established to provide strategic direction and support in the identification, evaluation, and execution of business opportunities that will benefit the EEE Class 05 Alumni Association and its members. The committee will focus on initiatives that drive sustainable growth, enhance the association's value proposition, and foster economic empowerment among its members.

OBJECTIVES

The primary objectives of the committee are to:

1. Develop and recommend business strategies that align with the association's goals.
2. Identify and assess potential business opportunities, partnerships, and collaborations.
3. Provide guidance on the development of sustainable revenue-generating projects.
4. Facilitate capacity building and mentorship programs that promote entrepreneurial growth among members.
5. Monitor and evaluate the performance of ongoing business initiatives and make recommendations for improvement.

RESPONSIBILITIES

- The committee's responsibilities include, but are not limited to:
 - Conducting market research to identify trends, opportunities, and risks relevant to the association.
 - Developing business plans, feasibility studies, and financial models for proposed projects.
 - Advising on investment opportunities and financial management strategies.
 - Organizing workshops, seminars, and networking events to foster business development among members.
 - Collaborating with other committees and external partners to achieve strategic goals.
 - Reporting regularly to the Executive on progress, challenges, and recommendations.

MEETINGS

The committee shall meet at least quarterly, with additional meetings scheduled as necessary to address specific projects or issues. Meeting agendas and minutes shall be prepared and distributed to all members in advance.

REPORTING

The committee shall report to the Executive. A summary of activities, decisions, and recommendations shall be submitted after each meeting through the Executive's representative, and a comprehensive annual report shall be presented at the association's annual general meeting (AGM) by the Chairman/Head of Committee (HOC).

REVIEW AND AMENDMENTS

These terms of reference shall be reviewed by the Executive as necessary to ensure they remain relevant and aligned with the association's objectives. Any amendments must be discussed with the committee before approval.

DISSOLUTION

The Committee shall continue to exist until the dissolution of the current Executive.

Membership Composition

SN	Name	Role
1	Reuben Ayantunji	Chairman
2	Semiat Adewunmi	Secretary
3	Kola Oladapo	Executive Representative
4	Femi Dakobiri	Member
5	Victor Adeyemo	Member
6	Taofeek Mustapha	Member
7	Tosin Adebayo	Member
8	Femi Jemiriye	Member
9	Hussein Adeiye	Member
10	Tosin Aina	Member

TERMS OF REFERENCE FOR THE PROJECT COMMITTEE SET UP BY LAUTECH EEE CLASS '05 EXECUTIVE COMMITTEE (2024-2026)

PURPOSE

The Project Committee is established to determine, plan, manage, and oversee all projects undertaken by the EEE Class '05 Alumni Association. The committee is responsible for ensuring that projects are executed efficiently, within budget, and aligned with the association's strategic goals.

OBJECTIVES

- To develop detailed plans for each project, including scope, timeline, budget, and resources.
- To ensure that projects are implemented effectively and meet the intended goals and objectives.
- To track the progress of projects, ensuring they stay on schedule and within budget.
- To maintain high standards in the execution of projects, ensuring that all deliverables meet the expected quality.
- To identify potential risks in project execution and develop strategies to mitigate these risks.

MEETINGS

1. The Committee shall meet at least quarterly, or more frequently as needed.
2. A quorum for meetings shall be a majority of the committee members.
3. Minutes of all meetings shall be recorded and submitted to the Executive through the Executive representative.

REPORTING

The Project Committee shall report to the Executive after each meeting through the Executive Representative.

An annual report shall be prepared and presented by the Chairman/Head of Committee (HOC) at the AGM, detailing the welfare status of the association.

AUTHORITY

The committee has the authority to:

- Access all necessary resources and information to fulfill its duties.
- Make recommendations to the Executive regarding project initiatives
- Engage external partners, sponsors, or consultants to support project initiatives, within the approved budget.

ACCOUNTABILITY

The Committee shall report directly to the Executive and is accountable for the successful conception of project initiatives and its implementation.

REVIEW AND AMENDMENTS

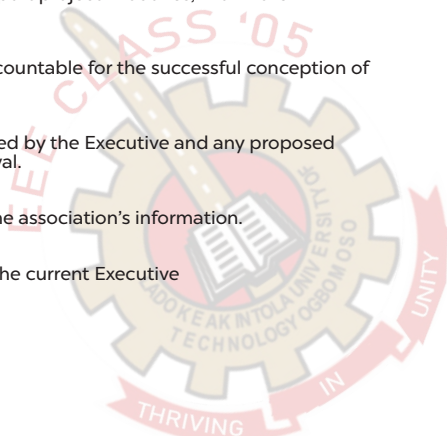
The Terms of Reference shall be reasonably reviewed as required by the Executive and any proposed changes shall be discussed with the Committee before approval.

CONFIDENTIALITY

All committee members shall maintain the confidentiality of the association's information.

DISSOLUTION

The Committee shall continue to exist until the dissolution of the current Executive



Membership Composition

SN	Name	Role
1	Soji Adetiran	Chairman
2	Ojo Babajide	Secretary
3	Tosin Omorinde	Member
4	Niyi Adefoye	Member
5	Tosin Rabi	Member
6	Zonal Coordinators	Member

TERMS OF REFERENCE FOR THE MOBILIZATION AND PUBLICITY COMMITTEE SET UP BY LAUTECH EEE CLASS '05 EXECUTIVE COMMITTEE (2024-2026)

PURPOSE

The Mobilization and Publicity Committee is established to increase the active participation and engagement of all members of the EEE Class '05 Alumni Association. The committee is responsible for onboarding, retaining, and re-engaging members, ensuring widespread involvement in the association's activities and initiatives.

OBJECTIVES

- To identify and onboard members, including those who have lost touch with the association
- To actively engage members by encouraging participation in the association's events, programs, and decision-making processes.
- To implement strategies that retain members by creating value through meaningful participation and benefits.
- To establish effective communication channels that keep members informed and connected.
- To foster a sense of ownership and belonging among members, encouraging them to contribute their time, resources, and ideas to the association.

MEETINGS

1. The Committee shall meet at least quarterly, or more frequently as needed.
2. A quorum for meetings shall be a majority of the committee members.
3. Minutes of all meetings shall be recorded and submitted to the Executive through the General Secretary.

REPORTING

The Mobilization and Publicity Committee shall report to the Executive after each meeting through the Chairman/Head of Committee (HOC).

An annual report shall be prepared and presented by the Head of Committee (HOC) at the AGM, detailing the membership status of the association and participation in the events held in the period.

AUTHORITY

The committee has the authority to:

- Access all records, documents, and reports necessary to fulfill its duties.
- Engage the department for records of the class and make recommendations to the Executive

ACCOUNTABILITY

The Mobilization and Publicity Committee shall report directly to the Executive and is accountable for ensuring the high participation at members' events or the association events

REVIEW OF TERMS OF REFERENCE

The Terms of Reference shall be reasonably reviewed as required by the Executive and any proposed changes shall be discussed with the Committee before approval.

CONFIDENTIALITY

All committee members shall maintain the confidentiality of the association's information.

DISSOLUTION

The Committee shall continue to exist until the dissolution of the current Executive.



Q4 Birthday Celebrants

Kolawole	Oladapo	01-Oct
Oluwatosin	Jolaoye	03-Oct
Babajide	Ojo	10-Oct
Olaniyi	Adenika	11-Oct
ADETIRAN	ADESOJI	12-Oct
Adeniyi	Asafa	12-Oct
Oluwafemi	Jemiriye	14-Oct
AYOBAMI	ADEGOKE	29-Oct
Kunle	Ojedeji	30-Oct
POPOOLA	MOSHOOD	01-Nov
PETER	FASINA	06-Nov
Rebecca	Omowaiye	09-Nov
Omotooke	Robert	23-Nov
Kehinde	Alawode	07-Dec
Temitope	Alade	09-Dec
Akintunde	Iyiola	11-Dec
Babatunde	Owojori	14-Dec
Folorunso	Abiodun	16-Dec
Nurudeen	Ajani	25-Dec
Babatunde	Oyelowo	27-Dec

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MAINTAINING PROPER MENTAL HEALTH IN ADVERSE SITUATIONS

PRESENTED BY DR ADEBAYO ADEKUNLE



INTRODUCTION

Maintaining proper mental health in adverse situations can be a significant challenge, but it's essential to take steps to manage your mental health and well-being. Here are some strategies that can help you maintain good mental health during difficult times.

MAINTAINING MENTAL HEALTH



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Stay in touch with friends and family, and seek support from others who can offer comfort, advice, and assistance. Share your feelings and concerns with someone you trust, whether it's a friend, family member, or mental health professional.



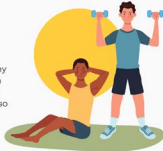
STEP 1. STAY CONNECTED WITH OTHERS:



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STEP 2. TAKE CARE OF YOUR PHYSICAL HEALTH:

Engage in regular exercise, eat a healthy diet, and get enough sleep. Engaging in activities that make you feel good and relaxed, like meditation or yoga, can also help you manage stress and anxiety.



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STEP 3. FOCUS ON THE PRESENT:

It's easy to get caught up in worries about the future or regrets about the past, but try to focus on the present moment instead. Practice mindfulness by paying attention to your breath or surroundings, and try to let go of any negative thoughts or distractions.



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STEP 4. LIMIT EXPOSURE TO NEGATIVE NEWS AND SOCIAL MEDIA:

While it's important to stay informed about what's going on in the world, too much exposure to negative news or social media can be overwhelming and stressful. Take breaks from the news and social media if you find it's affecting your mental health.



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STEP 5. FIND MEANING AND PURPOSE:

Engage in activities that give you a sense of purpose or help you feel connected to something larger than yourself. This could be volunteering, participating in a hobby or interest, or connecting with your spiritual or religious beliefs.



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STEP 6. SEEK PROFESSIONAL HELP IF NEEDED:

If you're struggling to manage your mental health, seek professional help from a mental health professional. They can provide support, guidance, and treatment options to help you manage your symptoms and improve your well-being.



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CONCLUSION

Remember that it's okay to ask for help and support during difficult times. Taking care of your mental health is essential for your overall well-being, and there are resources and strategies available to help you manage and maintain good mental health.



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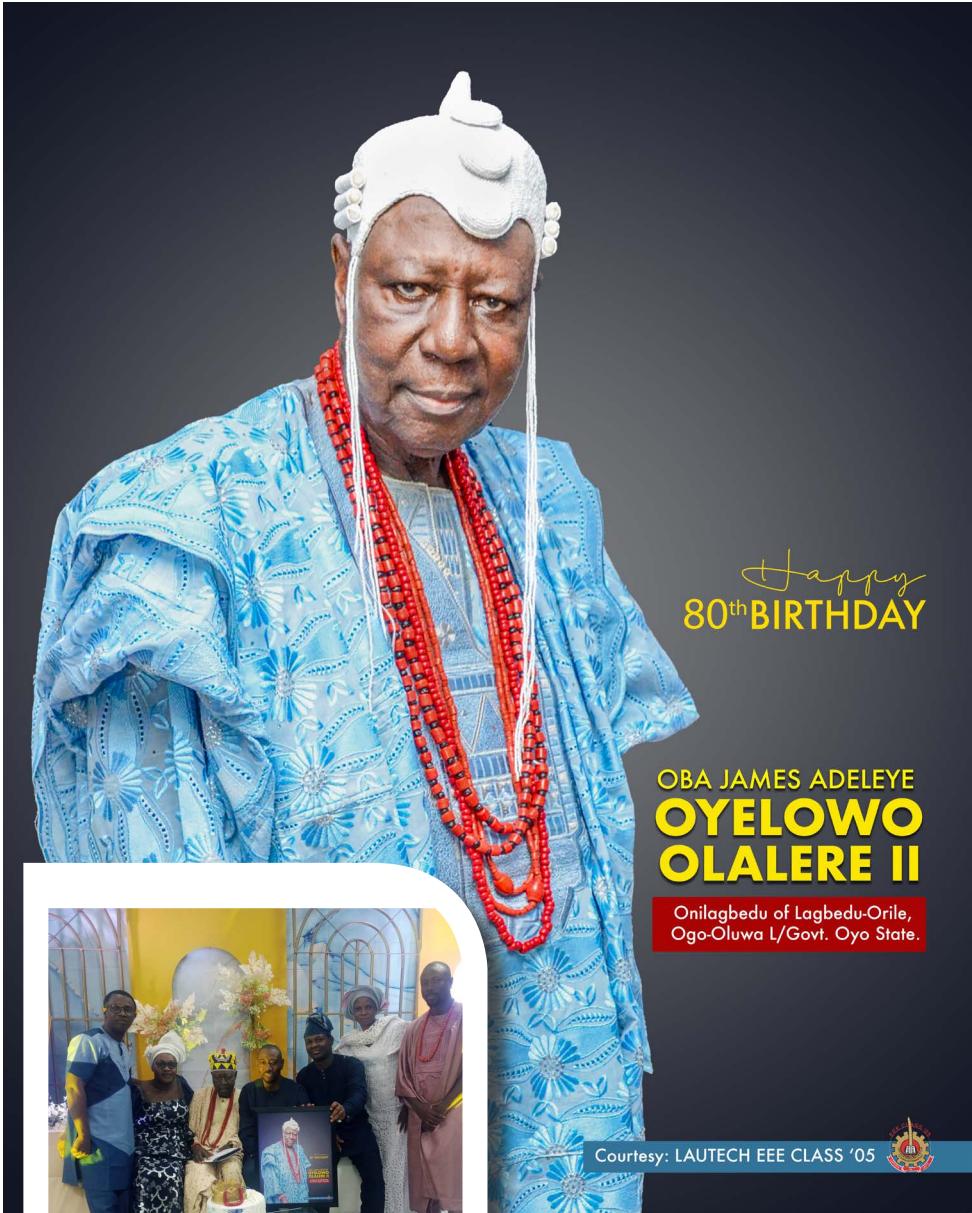
QUOTE

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QUOTE

YOU DON'T HAVE TO LIMIT YOUR THINKING. YOU JUST NEED TO LIMIT IT TO CONTROL YOURSELF.

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Happy
80th BIRTHDAY

**OBA JAMES ADELEYE
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Courtesy: LAUTECH EEE CLASS '05

